

SYLLABUS

Subject	Workplace environmental psychology		
Year of study 2	Semester*: 1	Type of final evaluation (E / V / C)	C
Type of discipline { C-compulsory, Op-optional F- facultative }	C	Number of credits	6
Total of hours from the study plan: 42 hours Total of hours for individual study 60 hours		Total of hours per semester	102
Subject coordinator	Corina Ilin, PhD, Associate Professor		

* If the subject is included in more than one semester, a syllabus for every semester will be filled in

Faculty	Faculty of Sociology and Psychology	Total number of hours (per semester) from the study plan				
Department	Psychology	(Ex: 28 for C if the subject has 14 hours of courses, 2 hours/week)				
Profile	Psychology	Total	C**	S	L	P
Specialty	Organizational and occupational health psychology	42 hours		42 hours		

** C-course, S-seminar, L-laboratory activities, P-project or practical activity

1. Course/seminar/laboratory/practical activity's objectives

1	Developing knowledge related to main theoretical and practical approaches from the field of environmental psychology applied in organizations
2	Analyzing the interdisciplinary character of environmental psychology
3	Understanding of environmental psychology applicability in organizations

2. Specific competencies (general competencies are presented in the speciality outline)

Specific competencies for the subject	<p>1. Knowledge and understanding Knowledge of main research and applicative tendencies of environmental psychology (EP) Understanding empirical literature related to course and seminar topics</p>
	<p>2. Explanation and interpretation Developing and interdisciplinary approach related to EP Developing an advanced understanding of the way EP can increase organizational performance and health</p>
	<p>2. Instrumental and applied Developing skills for designing a healthy workplace Developing applied research skills in the field of EP</p>
	<p>3. Attitudinal Encouraging study of different theories and approaches Stimulating proactive learning</p>

3. Themes

	No. Of hours
B. Thematic content of the seminar	
1. Making a Difference: Some Ways Environmental Psychology Has Improved the World What We Know, What We Change, and Who We Are; Environmental Cognition in Everyday Life; Improving the Quality of the Human Environment; Green design; Social design	4
2. Work Environments Interactions of People and the Workplace	4
3. Environmental Psychology on the Job	4
4. Getting to Work: Commuting (and Other Car Use)	2
5. Sound, Noise, and Music Noise and Performance; Music and Performance; Feelings about Noise; Feeling about Music; Health and Stress; Social Behavior	2
6. Indoor Climate Performance; Feelings, Health and Stress; Social Behavior	2
7. Air Performance; Feelings, Health and Stress; Social Behavior	2
8. Light, Color, and Windows Performance; Feelings, Health, Aging, Stress, and Safety; Social Behavior	2
9. Space: Density and Arrangements Working Away from Work (telecommuting) Performance; Feelings, Health and Stress; Social Behavior	4
10. Travel: Getting Away to a New Environment Who Goes and Who Does Not? Why Go? Go Where? Do What? With What outcomes? The Impact of Travelers on destination Environments	2
11. Work and Environmental Design Loosely/Coupled Work settings; Acoustic Privacy in Open/Plan Offices	4
12. Research Methods in Environmental Psychology	4
13. Environmental Psychology Today International dimensions; Space and Extreme Environments; Future Prospects	2
14. The Future of Work Environment	4
Total of hours:	42

4. Evaluation

For the final mark it will be taken into consideration the following:	Distribution of tasks in assessment in % {Total=100% }
- responses in final evaluation	70 %
- continuous evaluation during the semester through evaluation papers	%
- evaluation activities like essays/projects etc	30 %

Describe the practical final evaluation (for example: written exam (descriptive and/or grid and/or problems etc.); oral exam, individual or group colloquia, project etc.)	
<ul style="list-style-type: none"> • Finala evaluation of the course is done by presentations of group projects • Evaluarea finală privind tematica seminarului se realizează prin prezentarea unor teme în grup 	
Minimum requirements for the mark 5	Requirements for mark 10
<ul style="list-style-type: none"> • Define main concepts • Give practical examples on a specific topic 	<ul style="list-style-type: none"> • To design and analyse the efficiency of intervention methods • To apply theoretical information to natural contexts

5. Distribution of total time (hour per semester) for individual studies activities required from the students

Estimated time / activities (fill in with zero the activities that are not required)			
1. Study of course notes	10 hours	8. Preparation of oral presentations	10 hours
2. Study after a handbook, course materials	10 hours	9. Preparation for final exam	10 hours
3. Study of the minimal required bibliography	10 hours	10. Consultations	0 hours
4. Additional documentation in the library	0 hours	11. Field documentation	0 hours
5. Specific activity for seminar preparation and/or laboratory	0 hours	12. Internet documentation	0 hours
6. preparation of homework, essays, etc.	10 hours	13. Other activities....	hours
7. Preparation papers required for continuous evaluation	0 hours	14. Other activities...	0 hours
TOTAL hours for individual study (per semester = 60 hours)			

6. References

a.) compulsory (minimal):

Bechtel, R. B. Churchman, A. (Eds.). (2002). *Handbook of Environmental Psychology*. New York: John Wiley & Sons, Inc.

Gifford, R. (2007). *Environmental Psychology. Principles and Practice*. Optimal Books

b.) optional (extended):

Becker, F. D. (1981). *Workplace. Creating environments in organisations*. New York: Praeger

Osborne, D. J. Gruneberg, M. M. (Eds.). (1983). *The physical environment at work*. New York: Wiley

Sundstrom, E. (1986). *Work places*. New York: Cambridge University Press

Vischer, J. (2005). *Space meets status: Designing workplace performance*. London: Routledge Spon Press

Signature:

Corina Ilin, PhD, associate professor